





**All plans** in your county offer these **basic** Medicaid benefits:

- Inpatient and outpatient services
- Doctor, nurse practitioner and midwife services
- Home health services
- Family planning services
- Durable medical equipment
- Hospice and ambulance services
- Prescriptions
- Tobacco quitting assistance
- Skilled nursing care
- EPSDT services
- Vision, hearing and dental care for children





Use this chart to compare **Value-Added** (extra) services offered by the plans in your county.

**Note:** When you see "MHT ONLY" it means the extra service is available to Mountain Health Trust (MHT) members only.

 <small>AETNA BETTER HEALTH® OF WEST VIRGINIA</small>  <b>1-888-348-2922</b> TTY: 711 <a href="http://www.aetnabetterhealth.com/wv">www.aetnabetterhealth.com/wv</a>	  <b>1-888-613-8385</b> TTY: 1-800-622-3925 <a href="http://www.healthplan.org">www.healthplan.org</a>	  <b>1-800-782-0095</b> TTY: 1-800-982-8771 <a href="http://www.unicare.com/medicaid">www.unicare.com/medicaid</a>	  <b>1-855-412-8001</b> TTY: 711 or 1-800-982-8771 <a href="http://www.wvfh.com">www.wvfh.com</a>
<p><b>24-hour nurse line:</b> 1-855-200-5975</p>	<p><b>24-hour nurse line:</b> 1-800-624-6961</p>	<p><b>24-hour nurse line:</b> 1-888-850-1108</p>	<p><b>24-hour nurse line:</b> 1-844-850-9834</p> <ul style="list-style-type: none"> <li>▪ Live online chat with nurse for members at <a href="http://www.wvfh.com">www.wvfh.com</a></li> </ul>
<p><b>Asthma</b></p> <ul style="list-style-type: none"> <li>▪ One-on-one education with respiratory therapist</li> <li>▪ One-on-one education with asthma educators</li> <li>▪ Scholarships to Camp Catch Your Breath (MHT ONLY)</li> <li>▪ Peak flow meter with enrollment in asthma program</li> </ul>	<p><b>Asthma</b></p> <ul style="list-style-type: none"> <li>▪ One-on-one education with asthma nurse educator</li> <li>▪ Scholarships to Camp Catch Your Breath (MHT ONLY)</li> <li>▪ Asthma pack with peak flow meter, spacer, and backpack</li> <li>▪ \$25 gift card for members who enroll in asthma disease management program</li> </ul>	<p><b>Asthma</b></p> <ul style="list-style-type: none"> <li>▪ One-on-one education with asthma nurse educator</li> <li>▪ Certified Disease Management program to help manage asthma and COPD</li> <li>▪ Scholarships to Camp Catch Your Breath (MHT ONLY)</li> <li>▪ Care kit with asthma action plan</li> <li>▪ Up to \$100 to help buy hypoallergenic bedding, pillow cases, and mattress covers</li> </ul>	<p><b>Asthma</b></p> <ul style="list-style-type: none"> <li>▪ One-on-one education with asthma care manager</li> <li>▪ Enrollment in asthma disease management program</li> <li>▪ Scholarships for week-long asthma camp (MHT ONLY)</li> </ul>
<p><b>Diabetes</b></p> <ul style="list-style-type: none"> <li>▪ \$25 gift card for enrollment in diabetic education program and completion of A1C testing</li> <li>▪ Food journal to track A1C levels and eating habits</li> <li>▪ Texts for diabetes education</li> </ul>	<p><b>Diabetes</b></p> <ul style="list-style-type: none"> <li>▪ Diabetes education by case managers</li> <li>▪ One-on-one education by diabetes educators on glucometer and insulin pump use and general diabetes education</li> <li>▪ Journey for Control month long interactive diabetes class led by certified educator</li> <li>▪ Scholarships for children age 7-15 to Camp Kno Koma (MHT ONLY)</li> <li>▪ \$25 gift card for enrolling in diabetes case management program</li> </ul>	<p><b>Diabetes</b></p> <ul style="list-style-type: none"> <li>▪ Certified diabetes management program</li> <li>▪ One-on-one education with a registered nurse</li> <li>▪ Scholarships for children age 7-15 to Camp Kno Koma</li> <li>▪ Diabetes Care Kit</li> <li>▪ Healthy Plate and other tools to measure healthy foods</li> <li>▪ Free subscription to Eating Well magazine</li> <li>▪ Free glucometers</li> <li>▪ \$50 for completing both yearly diabetic labs and nephropathy exam for ages 18-75</li> <li>▪ \$25 for annual diabetic eye exam for ages 18-75</li> </ul>	<p><b>Diabetes</b></p> <ul style="list-style-type: none"> <li>▪ General education by diabetes educators and care managers, including how to use glucometers and insulin pumps</li> <li>▪ Diabetes texts to learn about diabetes and help form healthy habits</li> <li>▪ Scholarships for children age 7-15 to Camp Kno Koma</li> <li>▪ \$50 reward each year for HbA1c blood test for diabetics ages 18-75</li> </ul>
<p><b>Gifts for good health practices</b></p> <ul style="list-style-type: none"> <li>▪ \$25 gift card for yearly well-child visits, ages 12-18</li> </ul>	<p><b>Gifts for good health practices</b></p> <ul style="list-style-type: none"> <li>▪ \$25 gift card per year for members ages 0-21, for EPSDT exam with PCP and completion of survey</li> <li>▪ \$25 gift card per year for members ages 21 and older, for a yearly well exam with PCP and completion of survey</li> <li>▪ \$25 for yearly well visit for ages 3-6 and for ages 12-18 (MHT ONLY)</li> </ul>	<p><b>Gifts for good health practices</b></p> <ul style="list-style-type: none"> <li>▪ \$50 reward for getting 6 of 8 well-child visits by 15 months of age</li> <li>▪ \$25 for yearly well visit for ages 3-6 and for ages 12-21</li> </ul>	<p><b>Gifts for good health practices</b></p> <ul style="list-style-type: none"> <li>▪ \$50 for members ages 0-21 for EPSDT exam with PCP, plus educational materials</li> <li>▪ \$25 reward each year for a blood test to monitor members taking certain medications, such as ACE, ARB, Digoxin, and Diuretics for ages 18 and older</li> <li>▪ \$50 for yearly well-visit for adults over age 21</li> </ul>
<p><b>Phone services</b></p> <ul style="list-style-type: none"> <li>▪ Voxiva TracFone with free minutes for text and voice, unlimited calls to Member Services, and free wellness and appointment reminder texts</li> </ul>	<p><b>Phone services</b></p> <p>No extra services</p>	<p><b>Phone services</b></p> <ul style="list-style-type: none"> <li>▪ Members who sign up and qualify for standard Safelink communication services may qualify for free nationwide text, including health reminders, and unlimited calls to Member Services</li> </ul>	<p><b>Phone services</b></p> <p>No extra services</p>

**Questions?** Call **1-800-449-8466** (TTY/TDD 1-304-344-0015), 8:00 a.m. to 6:00 p.m., Monday through Friday. The call is free. Or, visit us at [MountainHealthTrust.com](http://MountainHealthTrust.com). You can get this information in other formats, such as large print or audio.

**Value-Added** (extra) services offered by the plans in your county (continued):

 <small>AETNA BETTER HEALTH® OF WEST VIRGINIA</small>			
<p><b>Help for pregnant women</b></p> <ul style="list-style-type: none"> <li>▪ One-on-one help with Certified Lactation Counselor</li> <li>▪ Care coordination through baby's first year for: <ul style="list-style-type: none"> <li>▶ Mothers with high risk pregnancies or substance abuse during pregnancy</li> <li>▶ NICU babies or babies with chronic or complex conditions</li> </ul> </li> <li>▪ Text4Baby messages to keep mom and baby healthy</li> <li>▪ Up to 2 preventive dental visits</li> <li>▪ Pack'N Play for members with 6 prenatal visits</li> <li>▪ Pack'N Play or baby wrap to members who enroll in Moms and Babies Program upon delivery</li> <li>▪ Moms and Babies Program graduation gift</li> <li>▪ \$50 gift card for post-partum visit between 3–8 weeks after delivery</li> </ul>	<p><b>Help for pregnant women</b></p> <ul style="list-style-type: none"> <li>▪ Enrollment in prenatal program – all high risk members are helped by a high risk prenatal nurse</li> <li>▪ Text4Baby messages to keep mom and baby healthy</li> <li>▪ Preventive dental for those over the age of 21</li> <li>▪ March of Dimes educational materials mailed for the 1st and 3rd trimesters</li> <li>▪ Maternity outreach program rewards up to \$150 per year: <ul style="list-style-type: none"> <li>▶ \$50 for 2 visits in 1st trimester</li> <li>▶ \$50 for 4 visits in 3rd trimester</li> <li>▶ \$50 for post-partum visit between 3–8 weeks after delivery</li> </ul> </li> </ul>	<p><b>Help for pregnant women</b></p> <ul style="list-style-type: none"> <li>▪ Care coordination through baby's first year for: <ul style="list-style-type: none"> <li>▶ Mothers with high risk pregnancies or substance abuse during pregnancy</li> <li>▶ NICU babies or babies with chronic or complex conditions</li> </ul> </li> <li>▪ Text4Baby messages to keep mom and baby healthy</li> <li>▪ \$75 for prenatal and postpartum visits</li> </ul>	<p><b>Help for pregnant women</b></p> <ul style="list-style-type: none"> <li>▪ Care coordination through baby's first year for: <ul style="list-style-type: none"> <li>▶ Mothers with high risk pregnancies or substance use disorder during pregnancy</li> <li>▶ NICU babies or babies with chronic or complex conditions</li> </ul> </li> <li>▪ Text4Baby messages to keep mom and baby healthy</li> <li>▪ Preventive dental care during pregnancy and 6 week postpartum period</li> <li>▪ Voluntary enrollment in Mom Matters program for prenatal and postpartum telephone support and smoking cessation as needed</li> <li>▪ Maternity outreach program rewards: <ul style="list-style-type: none"> <li>▶ \$50 for visit in 1st trimester</li> <li>▶ \$50 for 4 total visits in 2nd and 3rd trimester</li> <li>▶ \$50 for post-partum visit between 21 and 56 days after delivery</li> <li>▶ \$50 for notifying DHHR of pregnancy by 5th month</li> </ul> </li> </ul>
<p><b>Health and wellness</b></p> <ul style="list-style-type: none"> <li>▪ Care managers to help members manage medications, disease and improve overall health</li> <li>▪ Health risk assessments</li> <li>▪ Specialized care managers: <ul style="list-style-type: none"> <li>▶ Neonatal Abstinence Syndrome (NAS)</li> <li>▶ NICU</li> <li>▶ High Risk OB</li> <li>▶ Transplants</li> <li>▶ Hepatitis</li> <li>▶ Behavioral health</li> </ul> </li> <li>▪ Regional face to face case management with high risk members</li> <li>▪ One-on-one help to quit smoking with Certified Tobacco Cessation Counselor</li> <li>▪ Be Better Quit Line and smoking cessation program</li> <li>▪ Congestive heart failure (CHF) wellness tools</li> <li>▪ Nurse information line</li> <li>▪ Bathroom scales and booklet for tracking upon enrollment in the congestive heart failure (CHF) program</li> <li>▪ \$25 gift card for completing walking program – members receive pedometer and log for tracking steps</li> </ul>	<p><b>Health and wellness</b></p> <ul style="list-style-type: none"> <li>▪ Telephone program for care/ case management to improve health and quality of life</li> <li>▪ Telephone program for members with chronic heart failure (CHF) with educational packet and encouragement to see PCP and cardiologist as needed</li> <li>▪ Telephone program for members with COPD with smoking cessation class and encouragement to see PCP and pulmonologist</li> <li>▪ Smoking cessation packets for all members ages 12 and older, with workbook, relaxation exercises CD, and quit smoking survival kit</li> <li>▪ Digital bathroom scale for members with heart failure</li> <li>▪ Access to our Core Wellness online tool that helps members learn ways to get and stay healthy</li> </ul>	<p><b>Health and wellness</b></p> <ul style="list-style-type: none"> <li>▪ Care manager to help members manage medications and disease and improve health</li> <li>▪ Certified behavioral health disease management programs</li> <li>▪ BeBetter help line to quit smoking and Clearing the Air quit tobacco kits</li> <li>▪ Quit smoking survival kit</li> <li>▪ Weight Watchers program to lose weight using helpful habits, smarter eating, exercise and support for members: <ul style="list-style-type: none"> <li>▶ Ages 18 and older with a body mass index (BMI) greater than 25, <b>or</b></li> <li>▶ Ages 10–17 with a BMI in the 85th percentile or above with parental or legal guardian consent and a doctor's referral</li> </ul> </li> <li>▪ Boys and Girls Club memberships for members ages 6-18 at participating clubs (not camps)</li> <li>▪ Digital bathroom scale for members with congestive heart failure</li> <li>▪ \$35 gym vouchers for members ages 18-21 for enrollment fees or monthly dues at participating gyms</li> </ul>	<p><b>Health and wellness</b></p> <ul style="list-style-type: none"> <li>▪ Care manager to help members manage medications and disease and improve health</li> <li>▪ Access to nutritionist for counseling for members ages 21 and younger</li> <li>▪ BeBetter quit line to quit smoking and help, including counseling, outreach and member support</li> <li>▪ Pillboxes to help all members manage medications</li> <li>▪ Telephone program for members with COPD or chronic heart failure (CHF) with help to quit smoking, educational packet and medication compliance encouragement</li> <li>▪ Digital bathroom scale for members with chronic heart failure</li> </ul>
<p><b>Dental</b></p> <p>No extra services</p>	<p><b>Dental</b></p> <p>No extra services</p>	<p><b>Dental</b></p> <ul style="list-style-type: none"> <li>▪ Electronic toothbrush for adults over age 21</li> <li>▪ Dental hygiene kit for children ages 6-10 including toothpaste, toothbrush and dental floss</li> </ul>	<p><b>Dental</b></p> <p>No extra services</p>
<p><b>Other</b></p> <ul style="list-style-type: none"> <li>▪ Personal, face-to-face help applying for SSI for Medicaid members who may qualify</li> </ul>	<p><b>Other</b></p> <p>No extra services</p>	<p><b>Other</b></p> <ul style="list-style-type: none"> <li>▪ Free subscription to Parenting magazine</li> <li>▪ Discounts to merchants in the community for health-related activities</li> </ul>	<p><b>Other</b></p> <ul style="list-style-type: none"> <li>▪ Advocate to assist with member benefit or provider concerns and issues</li> <li>▪ Enrollment and support from behavioral health care management team</li> </ul>

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